

## Sample media visit itinerary

### Day 1

#### Morning

##### **Grainger Market**

[www.graingermarket.org](http://www.graingermarket.org)

For over 180 years locals have flocked to Grainger Market for the freshest fruits and vegetables, the expertise of our butchers and fishmongers and to sample some of Newcastle's most authentic food stalls. It's not just food though - Grainger Market has everything from jewellers to shoe shops and toys to electrical shops.

Located in the heart of Newcastle; it is a two-minute walk from Monument Metro station and has entrances on: Grainger Street, Nelson Street, Nun Street and Clayton Street. Take a look on their website for a market map and to check out some of the amazing fresh food and stalls available.

##### **Fenwick Foodhall**

39 Northumberland St, Newcastle upon Tyne NE1 7AS

The original Fenwicks store itself, Fenwicks is Newcastle's premier department store and spread over five floors, offers some of the finest shopping around. The first floor is entirely devoted to women's fashion, shoes and accessories, including luxury brands such as Mulberry, Burberry, Victoria Beckham, MaxMara and Michael Kors.

Following a multi-million-pound redevelopment the Food Hall now offers exceptional dining experiences alongside an exciting retail offering that showcases the very best regional and international produce. Mason + Rye, Porterhouse Butcher and Grill, Fuego and The Naked Deli, to name a few, is just a small taste of what's on offer at Fenwick Food Hall.

#### Afternoon

##### **Lunch at Cookhouse**

Ouse St, Newcastle upon Tyne NE1 2PF

<http://cookhouse.org/>

Cook House, recently featured on Channel 4's 'Hidden Restaurants' and the Radio 4 Food Programme, is a kitchen in the Ouseburn, brought to you by The Grazer, Anna Hedworth – previously an amateur food blogger.

A space to eat, sit, rest, work and hang out. A kitchen in a shipping container, that is homely, welcoming and informal.

### **Explore the Ouseburn Valley**

To the east of the city you will find the Ouseburn Valley, heralded by the New York Times as one of the most vibrant areas in NewcastleGateshead and once the cradle of the industrial revolution on Tyneside.

The large buildings which once housed heavy industries, manufacturers and coal companies have been regenerated and now provide studio space for artists, musicians, performers and creatives.

There are several outstanding independent pubs in Ouseburn which host live music and comedy, as well as serving locally brewed real and craft ales including The Cluny, The Free Trade Inn and The Cumberland Arms. Other venues include Northern Print, the UK's National Centre for Children's Books, Seven Stories, an urban farm and a city stables! Ouseburn has become a hub for the city's creative, artistic and digital companies.

Check out:

#### **Ernest**

Ernest is an independent and unpretentious cafe bar situated in the top end of Newcastle's creative district, the Ouseburn valley. They serve up honest food, drink, music and art – serving light bites, sandwiches and proper comfort food. Brunch is served daily from 10am – 3pm and visitors can expect fresh, seasonal dishes homemade from locally sourced produce including soups and salads.

<https://weareernest.com/>

#### **Kiln**

Kiln is a Mediterranean bar and kitchen come pottery serving freshly prepared meals, lovingly prepared coffees and a wide selection of soft and alcoholic drinks. All of the ceramics used in the cafe's service are made by the onsite pottery 1265 Degrees North. An ideal place for hearty, healthy food and catching up with friends. [www.kiln.cafe](http://www.kiln.cafe)

#### **Biscuit Factory**

16 Stoddart Street, Shieldfield, Newcastle NE2 1AN

The Biscuit Factory is the UK's largest independent art, craft and design gallery set in the heart of Newcastle's cultural quarter. Housed in a former Victorian warehouse, the beautiful and dynamic gallery is set over two floors, displaying a range of exciting contemporary fine art, sculpture, original prints and jewellery, quality craftsmanship and design-led homewares. [www.thebiscuitfactory.com](http://www.thebiscuitfactory.com)

#### **Northern Print**

Stepney Bank, Ouseburn Valley, Newcastle, NE1 2NP



Northern Print is the place for printmaking in the North East. Located in the heart of the Ouseburn, this welcoming venue houses both a gallery and studio dedicated to printmaking.

<https://northernprint.org.uk/>

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## **Evening**

### **Dobson and Parnell**

21 Queen Street, Newcastle, NE1 3UG

[www.dobsonandparnell.co.uk](http://www.dobsonandparnell.co.uk)

Dobson & Parnell was opened in December 2016 on the prestigious Queen Street on Newcastle's vibrant quayside. The 65-seat restaurant serves a refined British and European menu within a Victorian Grade II listed building.

Dobson & Parnell is named after two of Newcastle's Victorian architectural stalwarts, John Dobson and William Parnell, who designed the original building in 1863.

The restaurant is owned by Andy Hook, a leading restaurateur in the North East who also owns Blackfriars in Newcastle and Hinnies in Whitley Bay along with Chef Patron Troy Terrington. Use LA Taxis to pick you up when you want to return to the hotel – call the number above and quote the account number.

After dinner drink options if you fancy a night on the toon!

### **The Botanist**

The Botanist is a bar and restaurant based in Newcastle's Monument Mall development, set across the top two floors. The unique interior features a large sycamore tree as its centre-piece and both the roof garden terrace and dining areas serve as stunning vista points for views of the city centre. It boasts an extensive drinks menu serving globally-sourced bottled beers, ciders, cask ales and cocktails.

<http://thebotanist.uk.com/locations/newcastle>

### **Pleased to Meet You**

This swanky, sophisticated and stylish gin bar has transformed one of Newcastle's most historic Grade II listed buildings into a contemporary bar with a difference. With over 50 types of gin available, and helpful staff on hand to help you make the right choice, the bar also has a wide range of local and international craft beers, cocktails and cask ales. <http://www.ptmy-newcastle.co.uk/>

### **Lola Jeans**

A chic bar in the centre of Newcastle, Lola Jeans combines elegant chandeliers with huge, imposing wall art to create a venue which cleverly blends edgy with elegance. Lola Jeans is well-placed in the centre of Newcastle which makes it the ideal place to start a night on the toon. If you fancy heading out of the city – Lola Jeans also has a Tynemouth outpost well worth a visit.

<http://www.lolajeans.co.uk/>

## Day 2

### Morning

Explore parts of the city you may not have reached, including the beautiful Grey Street, The Central Arcade, Eldon Square (shopping), and the Quayside.

We also recommend taking the time to head over the Millennium Bridge to Gateshead where you will find the BALTIC and Sage Gateshead.

### **BALTIC Centre for Contemporary Art**

<https://baltic.art/>

Free Entry

Cementing itself as one of the UK's most prestigious galleries by hosting Turner Prize 2011 and attracting a record 150,000 visitors, BALTIC showcases the best in contemporary art from across the globe with a changing programme of events and exhibitions. It also offers stunning views of the NewcastleGateshead cityscape from the level 4 viewing platform and level 5 viewing box.

### **Sage Gateshead**

St Mary's Square, Gateshead Quays, Gateshead, NE8 2JR

[www.sagegateshead.com](http://www.sagegateshead.com)

Further along the south bank sits Sage Gateshead. It is both a live music venue and a centre for music education. It incorporates all kinds of music ranging from acoustic, indie, country, world, folk, jazz, electronic and dance to classical music, including concerts by Royal Northern Sinfonia, orchestra of Sage Gateshead.

Entry to Sage Gateshead is free but access to the concert halls is by ticket to a show or an appointment.

### Afternoon

#### **Wylam Brewery**

Palace of Arts Exhibition Park, Claremont Rd, Newcastle, NE2 4PZ

<http://www.wylambrewery.co.uk/>

Founded in 2000, Wylam is a 30 Barrel Micro Brewery that resides at the Palace of Arts in Exhibition Park. Alongside the Brewery there is a Brewery Tap, which is open to the public Thursdays to Sundays inclusive. Serving the freshest Wylam Beers on Keg and Cask, The Tap Room pours exclusive brews and blends that can only be found within its cosy confines The venue is also a great place for gigs and pop-up events.

#### **Afternoon tea at Jesmond Dene House**



Before you head off home, enjoy a luxurious afternoon treat. Jesmond Dene House are well known for their delicious afternoon teas - they are all about indulgence: finger sandwiches, sausage rolls and melt-in-your-mouth quiche, three types of scone – plus clotted cream, of course – home-made jams, and a gorgeous selection of wicked cakes.

For more information, please contact our PR Team: [www.ngi.org.uk/media](http://www.ngi.org.uk/media)